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# Learn To Juggle In One Hour - For Health, Fun And Profit



## Synopsis

Rick Phillips teaches people to juggle in the Atlanta Georgia area. Phillips uses methods that can make you a juggler within one hour - just like the people he teaches. You can read that method in this SHORT book that strips down the juggling experience to the very basics. Phillips brings to readers awareness the research that shows that people who learn to juggle actually grow new brain tissue - waking up the brain - and other health benefits of juggling. He also shows that simply being a 'regular' juggler - can present opportunities to earn cash too. Without question, this book should be your first choice to learn juggling.

## Book Information

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## Customer Reviews

I finished this "book" a little over an hour ago. First off it's obvious the author is not an English major. He actually wrote LOL. However, I have been trying to juggle 3 things most of my life and after reading and 1 hour of trying to figure out what the author was saying I can juggle. I can't say I can even do 8 in a row, yet. But I did figure out what I was doing wrong all this time.

A very good read to get you over the hump and fulfill that wish to juggle. Phillips short treatise will establish a firm foundation to build on and indeed propel the interested novice on a life long learning

path. Of course it all depends on how much effort one puts into the task. The eventual rewards are attainable, as he says for: "health, fun and profit!"

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